

**Jana L. Ekdahl MA, LMHC  
Psychotherapist**



**Transformational  
Unfolding**

**INITIAL ASSESSMENT INFORMATION**

Name: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City/ Zip: \_\_\_\_\_ Gender: \_\_\_\_\_

Phone Number: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Tel.: \_\_\_\_\_

Referral Source \_\_\_\_\_

Medical Provider: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Medical Conditions/Allergies \_\_\_\_\_

Medications: \_\_\_\_\_

Usual Occupation: \_\_\_\_\_

If you are working, are you satisfied with your work? \_\_\_\_\_

If you are in school, are you satisfied with school? \_\_\_\_\_

Group affiliations? \_\_\_\_\_

E-mail address \_\_\_\_\_

Relationship concerns, i.e.: partner, spouse, friends, co-workers, acquaintances, etc.?

Comments: \_\_\_\_\_